



OSHA-AUTHORIZED OUTREACH
TRAINER

OSHA Outreach & Safety Leadership Training

Build hazard awareness. Strengthen supervisors.
Support safer work.

OSHA 10 • OSHA 30 • FOUNDATIONS FOR SAFETY LEADERSHIP

Instructor-led online and onsite options • HSI self-paced alternatives

Version 1.1 • Current as of September 18, 2026
Current website, Eventbrite listing, and accepted proposal control.



OSHA Outreach builds hazard awareness—not certification

Recognize hazards. Work safer.

OSHA Outreach introduces workers and supervisors to common hazards, prevention, workplace rights, and employer responsibilities.

Why this training matters

Recognize common hazards. Build awareness of conditions that can injure workers or disrupt operations.

Understand rights and responsibilities. Learn worker rights, employer duties, and how to raise safety concerns.

Meet external expectations. Some employers, unions, jurisdictions, and project owners require an OSHA card.

Support employer training. Outreach complements—but does not replace—task-, standard-, or site-specific instruction.

A course-completion card documents training; it does not certify competence

Three choices serve different workforce responsibilities

01 OSHA 10

Foundational Construction hazard-awareness training. Ten contact hours delivered over at least two days.

Common fit: newer or frontline workers who need a broad construction safety orientation.

02 OSHA 30

Greater depth and a wider range of Construction safety topics. Thirty contact hours over at least four days.

Common fit: supervisors, foremen, safety personnel, and workers with safety responsibility.

03 FSL

Foundations for Safety Leadership is an interactive four-hour standalone course for frontline leaders.

Common fit: foremen, team leaders, managers, and emerging safety leaders. A Tampa Bay Training certificate is issued.

OSHA 10 and OSHA 30 are distinct courses—confirm which course your employer, contract, or project requires.

Compare cost, time, format, and completion document

Current Tampa Bay Training pricing is shown below; confirm availability before purchase.

Course / format	Best fit	Length	Delivery	Tuition	Completion
Instructor-led OSHA 10 Construction	Frontline workers	10 hrs / 2+ days	Live online or onsite	\$200	OSHA card
Instructor-led OSHA 30 Construction	Supervisors / safety roles	30 hrs / 4+ days	Live online or onsite	\$500	OSHA card
Foundations for Safety Leadership	Foremen / team leaders	4 hrs	Instructor-led	\$125	TBT certificate
HSI self-paced OSHA 10	Construction or General Industry	10 hrs	English or Spanish	\$70	Available now
HSI self-paced OSHA 30	Supervisors; Construction or General Industry	30 hrs	English or Spanish	\$150	Available now

All eight HSI self-paced OSHA 10/30 courses are available now for Construction and General Industry in English and Spanish. Cindy coordinates enrollment and access. Private proposals control minimums, travel, and scheduling; live online requires advance OTIEC coordination.

OSHA 10 builds frontline construction hazard awareness

WHO

Construction workers and newer employees

Construction, public works, utilities, contractors, engineering, and infrastructure personnel.

PURPOSE

Recognize, avoid, and help prevent hazards

Covers worker rights, employer responsibilities, Focus Four hazards, PPE, health hazards, and selected topics.

SCHEDULE

Ten contact hours over at least two days

Every required hour counts. Full attendance and active participation are required.

RESULT

OSHA 10 student course completion card

The card is not a certification and does not replace employer-required job training.

\$200 per participant for Tampa Bay Training instructor-led OSHA 10 Construction

OSHA 30 deepens supervisor hazard awareness

ROLE

SAFETY RESPONSIBILITY

Supervisors, foremen, project leads, and safety personnel.

More topics and greater depth than OSHA 10.

Hazard recognition, prevention, and safety management.

Focus Four, PPE, health hazards, and selected electives.

Live online or onsite; private or open enrollment.

TIME

30 HOURS

Minimum 30 contact hours.

Delivered over at least four days.

Required topics and schedule cannot be shortened.

Confirm the level required by the employer, union, jurisdiction, contract, or project owner.

Eligible students receive an OSHA 30 course completion card.

\$500 per participant for Tampa Bay Training instructor-led OSHA 30 Construction

Foundations for Safety Leadership builds daily habits

4 HOURS

\$125 per participant

Standalone course • Tampa Bay Training
certificate of completion • no fixed expiration

Five practical leadership skills

Lead by example

Engage and empower team members

Build involvement, ownership, and a stronger safety climate.

Coach safety performance

Listen actively and use three-way communication

Teach, coach, give feedback, and recognize team members who support safety.

FSL is an approved OSHA 30 elective and may also be taught as a standalone course.

Choose the delivery path that fits your workforce

OPEN ENROLLMENT

Scheduled OSHA 10, OSHA 30,
or FSL when offered
Self-register through Eventbrite
Live online or select onsite dates
OSHA 10/30 require at least
three students

PRIVATE LIVE ONLINE

Dedicated instructor for one
organization
Live online or onsite
Written proposal controls pricing
and minimums
Live online requires advance
OTIEC coordination

HSI SELF-PACED

Independent online learning
Construction or General Industry
OSHA 10 or OSHA 30
English or Spanish
Available now; enroll through
Cindy

Instructor-led and HSI self-paced courses are separate products—choose the industry and format before registering.

Completion requires every contact hour and active participation

01 PREPARE

Use the participant's legal name, mailing address, individual email, and employer details. Live-online students need a laptop or desktop, camera, microphone, and stable internet.

02 ATTEND

Attend every required hour, return from breaks on time, remain visible and engaged, and complete attendance checks and participatory activities.

03 COMPLETE

Complete all required topics and activities. OSHA does not require a final exam; Tampa Bay Training may use knowledge checks or a course review.

04 RECEIVE

Eligible OSHA 10/30 students receive a course completion card within 90 days. FSL students receive a Tampa Bay Training certificate.

Several policies protect card integrity and training quality

Attendance and identity

Use an accurate legal name and mailing address. Full attendance and required contact hours cannot be shortened, waived, or made up informally.

Course scope and employer duty

Outreach is hazard-awareness education. It does not replace required task-, standard-, or site-specific training, supervision, or competent-person designation.

Live-online participation

Use a laptop or desktop, camera, microphone, stable connection, and suitable learning location. Identity, participation, and attendance checks apply.

Changes and card delivery

Refunds and exchanges follow current policy or the accepted proposal. OSHA cards are issued within 90 days and do not expire, although an employer or project may require a recent card.

Questions before purchase: [Cindy Torres](#) • [813-360-1526](tel:813-360-1526) • service@tampabaytraining.com

Registration takes three deliberate steps

CHOOSE & VERIFY

1

Confirm the correct course

Identify Construction or General Industry, 10-hour or 30-hour, instructor-led or HSI self-paced, and any employer or project requirement.

REGISTER & PREPARE

2

Register and prepare

Use Eventbrite for scheduled instructor-led classes. Contact Cindy for private training, self-paced HSI enrollment and access, multiple participants, or selection help.

ATTEND & COMPLETE

3

Complete the right path

Attend every required instructor-led hour or complete the provider's self-paced requirements. Retain the OSHA card or Tampa Bay Training certificate.

OPEN ENROLLMENT • tampabaytraining.eventbrite.com

PRIVATE / HSI / HELP • [813-360-1526](tel:813-360-1526) • service@tampabaytraining.com

Peter Cavalli connects OSHA hazard awareness to real work

CEO • LEAD INSTRUCTOR • OSHA-AUTHORIZED OUTREACH TRAINER



Peter Cavalli, MPA

Peter is Tampa Bay Training's CEO and Lead Instructor—and the instructor participants are most likely to encounter in OSHA 10, OSHA 30, and FSL.

25+ years in local government, public works, and workforce development

Former department director and town manager

OSHA-authorized Construction Outreach Trainer through USF OTIEC

Practical examples for construction, public works, utilities, engineering, and infrastructure





OSHA OUTREACH TRAINING

Choose the course that matches the work.

Complete every required hour.

Turn hazard awareness into safer decisions.

Open enrollment • tampabaytraining.eventbrite.com

Private training, self-paced HSI enrollment, and registration help • Cindy Torres

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